

# Table of Time

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The table of time is a really important fundamental. Moving between note values is an important skill - this is what drum fills are basically, they're a collection of different note values. When playing through the table of time, counting is vitally important. Do not rush. Use these as part of your practice or your warm up. I haven't included quintuplets and septuplets (5s and 7s) in this exercise.

Sticking options to use are:

RLRL; RLL;

